

**Karen M. Sanders, PhD., ABPP, Board Certified Neuropsychologist
Licensed Psychologist/Neuropsychologist
Clinical Assistant Professor – University of Washington School of Medicine**

The following text details the steps if you are referred for an exam.

Step 1:

Your Records:

Please have medical records and ICD-10 medical diagnostic code and demographic information (name, address, phone) faxed to me by your referring provider (MD, ARNP, PA-C or other medical provider).

Insurances and Method of Payment:

Please call Jenny at billing service to verify your insurance:

1-800-831-3322

I am a provider on numerous insurance plans, but I DO NOT take the following insurances:

- Medicaid of any kind
- United Healthcare

Step 2:

Once I have received records and your contact information, I will call you to further review your needs for assessment. I will work with you to make sure this exam is appropriate to your needs and helps your provider.

In some cases, I may determine another provider is more appropriate and will help you find the proper provider.

Step 3:

The exam itself can be in-office (with Covid precautions) or via Teleneuropsychology.

It will involve an interview, neurocognitive testing of attention, memory, general ability, language, visuo-spatial skills, executive functioning and mood. The exam may take 3-6 hours depending on the referral question.

Step 4:

Post exam:

After the exam: I review the results with you in a feedback session and work with you to make sure you have help with vocational, academic, medical coordination and healthy lifestyle needs.

Once evaluated, you may have other needs that can be addressed with other professional colleagues.

In this case, I refer to local professionals I have worked with for many years. I endeavor to coordinate your care following your evaluation with providers who treat in the following areas:

- Psychotherapy
- Psychiatrically related evaluations
- Chronic pain
- ADHD evaluations
- Legal work
- Rehabilitation/psycho-education (unless I have seen the patient for a neuropsychological evaluation myself)
- Substance use problems

Contact Information:

Karen M. Sanders, PhD., ABPP/CN,
1600 E. Jefferson Street, Suite 601
Seattle, WA 98122

Tel (206) 269-0290
Fax (206) 269-0292